



JUNIOR, PSYCHOLOGY

"IT'S NOT JUST A RESEARCH PROJECT.
YOU'RE ALSO DEVELOPING YOURSELF
PROFESSIONALLY."

WHAT HAVE YOU LEARNED THROUGH RESEARCH WITH OUR?

Through the professional development workshops, I learned how to express complicated research to the average person. One professional development workshop focused on how to write an abstract that makes sense to a wide audience. Something that I value is getting research out in the community, so the lessons in the workshop were incredibly relevant to me.

HOW HAS RESEARCH CONTRIBUTED TO YOUR UNDERGRAD EXPERIENCE?

It has opened up my mind to a lot of different ideas. In undergrad, I always heard that Charlotte is a research institution, but I didn't know what that meant. Now, participating in research helps me understand where the information we learn is coming from. It has also led me to craft better work because I have become a critical thinker and increased my awareness of my sources.

ADVICE FOR SOMEONE WHO WANTS TO PURSUE RESEARCH WITH OUR?

I would say OUR is a great program. Even if you're not completely sure, like I was about research, it's still a great program because you're getting valuable experience. I think that attending the Professional Development Workshops is a great personal investment of time.

