



DOWDEN

SENIOR, PSYCHOLOGY

WHAT DO YOU ENJOY ABOUT WORKING WITH YOUR MENTOR?

I made the connection with my current mentor because they have similar research interests, but their mentorship has broadened my research horizons. They trusted me with more lab experience and guided me through the process of applying to graduate school, so it has been a beneficial partnership.

HOW HAS RESEARCH CONTRIBUTED TO YOUR UNDERGRAD EXPERIENCE?

It has helped me network with professors, not just in the Psychology department, but with other disciplines as well. Networking is essential now that I'm applying to graduate school because I have people who can vouch for me and my success with research at the undergraduate level.

ADVICE FOR SOMEONE WHO WANTS TO PURSUE RESEARCH WITH OUR?

Professionals want you to reach out to them because they want people who can work in their labs and do research. Authoring publications and journal articles are very important to building a strong portfolio after graduation. OUR allows you to begin this process, so I would recommend getting involved as early as possible.

